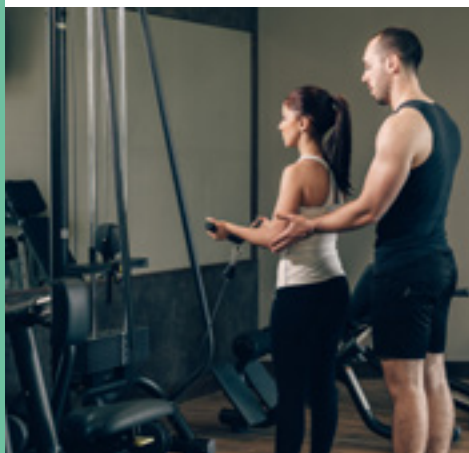




myoka
FITNESS

A WAY OF LIFE

SALINI RESORT & SPA



MYOKA FITNESS

A WAY OF LIFE

Build your body and mind with Myoka Spa & Fitness at Salini Resort. Visit our brand new state-of-the-art gym equipped to create world-class training experience for an affordable price.

Myoka fitness studio offers a wide range of equipment for various types of workout including:

- cardio
- strength training
- toning and flexibility
- circuit training

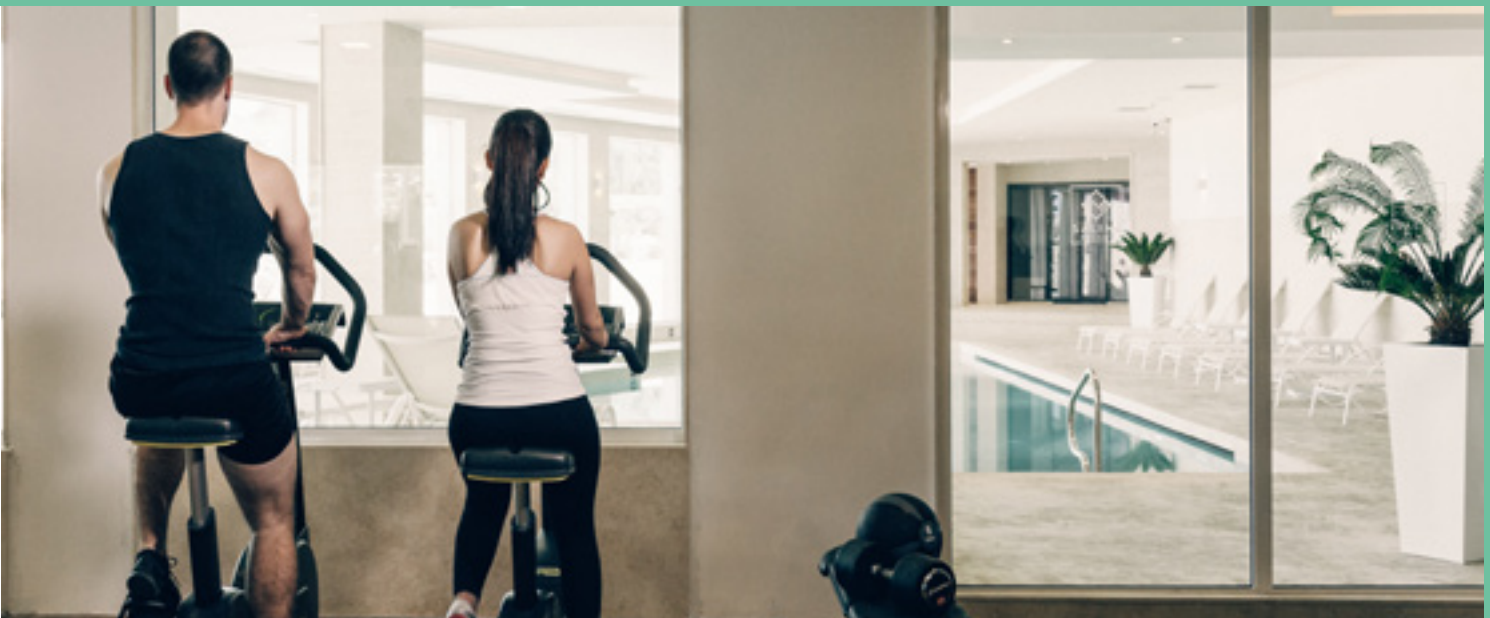
Use of the changing room and shower facilities is free of charge.

Located in a lavish spa environment Myoka Fitness welcomes its members to make use of free access to heated indoor pool, Jacuzzi, sauna and steam room as well as enjoy a possibility of complimentary spa treatments to relax and release tension.

Needing an extra push to reach your fitness goals? Our Personal Trainer will tailor a training plan that works best for you. Your sessions will always be concentrated on you achieving your goals and finding success in your health and fitness journey.

All Myoka Fitness members benefit from the following:

- Free use of spa facilities (including indoor pool, sauna, steam room and changing rooms)
- 20% discount on any individual Myoka Spa treatments
- 30% off purchase of a day pass for use of the outdoor pool
- Use of parking facilities



MYOKA FITNESS MEMBERSHIP

TYPE OF MEMBERSHIP	SINGLE (€)	COUPLE (€)
1 DAY Full Access Pass	15	N/A
30 DAY Pass	75 Incl. 1 Personal Training	N/A
3 MONTH Pass	160 Incl. 2 Personal Trainings	300 Incl. 2 Personal Trainings
6 MONTH Pass	270 Incl. 3 Personal Trainings	500 Incl. 3 Personal Trainings
1 YEAR Pass	520 Incl. 6 Personal Trainings	950 Incl. 6 Personal Trainings

MYOKA.COM



MYOKA SALINI SPA & FITNESS

Mon.-Fri.: 07:00am to 9:00pm

Sat.-Sun. & Public Holidays.: 07:00am to 7:00pm

Salini Resort & Spa

Salina Bay, St Paul's Bay

Direct Line: (+356) 2788 8408

Hotel Ext.: 833

salini@myoka.com

