



DISCOVER YOUR STRONGEST BODY & MIND

Build your body and mind wellbeing with 'Myoka Spa & Fitness' at Salini Resort. Our brand new state-of-the-art gym is equipped to create a world-class training experience for an affordable price. Discover a wide range of cutting-edge equipment for various types of workout including:

CARDIO
STRENGTH TRAINING
TONING & FLEXIBILITY
CIRCUIT TRAINING
CLASSES

Use of the changing room, shower facilities and a towel is free of charge.

SPA

Located in a lavish spa environment Myoka Fitness welcomes its members to make use of free access to heated indoor pool, Jacuzzi, sauna and steam room as well as enjoy a possibility of complimentary spa treatments to relax and release tension.

PERSONAL TRAINING

Needing an extra push to reach your fitness goals? Our Personal Trainer will tailor a training plan that works best for you. Your sessions will always be concentrated on you achieving your goals and finding success in your health and fitness journey.

MEMBERS BENEFITS

- Free use of spa facilities (including indoor pool, sauna, steam room and changing rooms)
- 15% discount on any individual Myoka Spa treatments
- 30% off purchase of a day pass for use of the outdoor pool
- Use of parking facilities

MEMBERSHIP FREEZE

Need to take a temporary break for holidays or any other reason? Do not worry, you can freeze your membership up to 30 days for only €10.

TYPE OF MEMBERSHIP		SINGLE (€) MON.-FRI. 7AM-9:30PM SAT.-SUN. 7AM-7PM	OFF PEAK (€) MON.-FRI. 7AM-4PM
1 DAY PASS	Single	15 OR 10 When Accompanied By A Member	N/A
1 MONTH PASS	Single	75 Incl. 1 Personal Training	N/A
3 MONTH PASS	Single	160 Incl. Classes + 1 Personal Training	130 Incl. Classes
	Couple	300 Incl. Classes + 2 Couples Personal Trainings	N/A
6 MONTH PASS	Single	270 Incl. Classes + 2 Personal Trainings	230 Incl. Classes
	Couple	500 Incl. Classes + 3 Couples Personal Trainings	N/A
1 YEAR PASS	Single	520 Incl. Classes + 3 Personal Trainings	N/A
	Couple	950 Incl. Classes + 4 Couples Personal Trainings	N/A

BOOKING 24HRS BEFORE THE CLASS IS MANDATORY. FOR MORE INFO CALL 2788 8408

MYOKA SALINI FITNESS

Classes & Personal Training



CLASSES

1 CLASS - €10

10 CLASSES - €80

EXPIRY DATE 2 MONTHS

INCLUDES A TOWEL FOR EACH CLASS & USE OF SHOWER FACILITIES

PRIORITY TO BOOK A CLASS 24HRS IN ADVANCE



PT

1 SESSION - €25

10 SESSIONS - €200

PERSONAL CLASSES

ARE AVAILABLE, CALL FOR INFO & BOOKING 27888408

PLEASE NOTE: The above prices do not include access to the gym outside the purchased class / PT, as well as use of spa facilities.