

MYOKA SALINI SPA & FITNESS

SPAS
myoka

MYOKA.COM

WELCOME TO MYOKA SALINI SPA

Welcome to Myoka Salini Spa. Set within one of the last remaining salt marshes in the Maltese Islands with fresh water elements, Myoka Salini Spa invites you to restore inner harmony of mind and body with a wide selection of various massages, body treatments and exclusive rituals tailored to your individual requirements.

Elevate your experience with our range of luxurious spa and wellbeing facilities including an indoor heated pool, sauna, steam room, Jacuzzi as well as a fully fledged fitness center.

MYOKA SALINI SPA EXPERIENCES

PRIVATE ESCAPE IN SPA SUITE

A dream inside a reserved space where you will be taken through an extraordinary sensorial path.

Our private suite offers a relaxing couples massage, a renewing body scrub, an enveloping wrap and a facial treatment tailored to your needs.

2 hours €300 per couple

3 hours €400 per couple

4 hours €500 per couple

Complimentary refreshments and treats are available.

EXCLUSIVE RITUALS

THE KING 145

Full Body Scrub | Hot Lava-Lava Full Body Massage | Oriental Head Massage

115 mins

THE QUEEN 155

Full Body Scrub | Customised Full Body Massage | Radiance Facial

115 min

DETOX RETREAT 185

Oxygen Facial | Salt Scrub | Detox Massage

140 min

THE HONEYMOON 280 p.c.

Sea Salt Body Scrub | Aromatherapy Full Body Massage | Revitalising Facial

145 min

AYURVEDA TREATMENTS

A KNOWLEDGE OF LONGEVITY

CUSTOMISED AYURVEDIC 175

THERAPY

120 mins

ABHYANGA 85 / 115

A full body massage with herbal oils.

55 mins / 85 mins

ELAKIZHI 90 / 115 / 145

Ayurvedic herbal compress massage that relieves joint pains, especially backaches, cleanses the energy channels, expels toxins.

55 mins / 85 mins / 110 mins

UDVARTHANAM 120

The treatment consists of a full body massage and scrub with various medicated powders, primarily to deeply detox and help blood circulation.

85 mins

SHIRODHARA 130

A continuous stream of medicated warm oil poured onto the forehead to profoundly relax and revitalize the central nervous system.

85 mins

ORIENTAL & HOLISTIC

EMBARK ON A JOURNEY OF THE SENSES

HOT STONE MASSAGE 50 / 85 / 100

25 mins / 55 mins / 85 mins

BALINESE TRADITIONAL MASSAGE 85 / 105

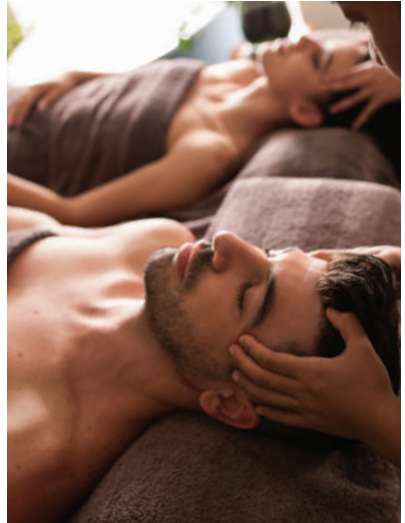
55 mins / 85 mins

LOMI LOMI HAWAIIAN MASSAGE 85 / 105

55 mins / 85 mins

REFLEXOLOGY 45 / 75 / 95

25 mins / 55 mins / 85 mins



BODY, MIND & SOUL

RELAX & RESTORE

COUPLES MASSAGE 140 / 180

55 mins / 85 mins

SALINI SIGNATURE MASSAGE 85 / 100

55 mins / 85 mins

DEEP TISSUE MASSAGE 65 / 95 / 115

45 mins / 55 mins / 85 mins

STRESS BUSTER MASSAGE 80 / 105

55 mins / 85 mins

LYMPHATIC DRAINAGE 80 / 100

55 mins / 85 mins

RELAXING MASSAGE 75 / 100

55 mins / 85 mins



PAÑPURI TREATMENTS

100% ORGANIC TREATMENTS FROM THE EAST

CUSTOMIZED SPA MASSAGE 120 / 150

Combine different massage techniques of your choice. Your therapist will give expert advice and ensure the most suitable personalized treatment to enhance your experience and guarantee best results.

55 mins / 85 mins

SIGNATURE MASSAGE 100 / 120
55 mins / 85 mins

DETOX HERBAL COMPRESS MASSAGE 120 / 180
85 mins / 120 mins

SOOTHING & RELAXING MASSAGE 100 / 120

55 mins / 85 mins

REJUVENATING MASSAGE 100 / 120

55 mins / 85 mins

SKIN REVIVER BODY POLISH 55

Choice of: Awakening Papaya & Lotus Extract or Nourishing Coconut & Jasmine

25 min

LUXURIOUS EXPRESS TREATMENTS

FOR AN INSTANT PICK ME UP

LEG ENERGISER MASSAGE 45

25 mins

BACK, NECK & SHOULDER MASSAGE 45

25 mins

ORIENTAL HEAD MASSAGE 45

25 mins

EXPRESS FACIAL 45

25 mins

PICK & MIX 85 / 115 / 130

Combine any three spa treatments from the list below into a unique journey of the senses.

Choose from: Back, Neck & Shoulder Massage, Foot Reflexology, Oriental Head Massage, Cleansing Facial, Hand or Foot Treatment

55 mins / 85 mins / 120 mins

FACIAL TREATMENTS

REVEAL YOUR TRUE RADIANCE

LOTUS DEFENSE FACIAL 100 / 130

A deeply nourishing 100% organic facial treatment enriched with precious extract of sacred Lotus flower for more firm and luminous skin.

55 mins / 85 mins

MYOKA ABSOLUTE FACIAL 90

A reviving facial treatment with facial massage and a focused well-being back massage.

85 mins

GENTLEMEN'S FACE TREATMENT 90

A facial that revitalizes and improves your skin's texture. Includes a back, neck and shoulder massage with hot lava stones to soothe the muscles.

85 mins

GOLDEN C FACIAL 75 / 95

This facial is ideal for dull, dry and dehydrated skins. The treatment is finalised with a lifting gold mask to plump the skin and smoothen fine lines and wrinkles.

55 mins / 85 mins

OXYGEN FACIAL 70 / 90

A manual facial which improves oxygen levels and supplies your skin with vitamins, minerals and collagen for a smoother and younger-looking skin.

55 mins / 85 mins

NON-SURGICAL FACE & BODY TREATMENTS

ACHIEVE VIBRANT RESULTS

Your personal therapist will conduct an in-depth consultation and perform a combination of advanced anti-aging treatments to suit your needs.

HIFU FACE TREATMENT 250

HIFU (High-Intensity Focused Ultrasound) is an innovative noninvasive and painless replacement for face lifts. It uses ultrasound energy to encourage the production of collagen, which results in firmer skin. The results can be seen in a few months after treatment, without the risks associated with surgery.

MESOTHERAPY

55 mins / 85 mins Face or Body 85 / 105

FACIAL ULTRASOUND /CAVITATION

55 mins / 85 mins Face or Body 85 / 105

RADIO FREQUENCY FACIAL

55 mins / 85 mins Face or Body 85 / 105

MICRODERMABRASION

55 mins / 85 mins Face or Body 85 / 105

CHEMICAL PEELS 80

55 mins

FROST PEELS 100

55 mins

LASER HAIR REMOVAL P.O.R.

PERSONALISED NON-SURGICAL FACIAL 100 / 120

Advanced expert facial.

55 mins / 85 mins

MATERNITY TREATMENTS

COMFORT & INDULGE

PRENATAL PAMPER 100

A deeply nourishing body treatment designed to target areas prone to stress and tension during pregnancy.

Back Exfoliation | Body Massage | Head Massage | Hydrating Tummy Mask

85 mins

FACE & BODY CEREMONY 100

Foot & Leg Revitalizing Massage | Brightening Facial

85 mins

MUMMY-TO-BE MASSAGE 70 / 90

Treatments can be tailored to suit your specific needs.

55 mins / 85 mins

POSTNATAL PARADISE 100 / 130

Completely personalised to your post baby needs to relax and restore energy.

85 mins / 110 mins

BODY TREATMENTS

DETOX & RENEW

MEDITERRANEAN SALT SCRUBS 45

Choice of scrubs based on season.

45 mins

DETOXIFYING BODY WRAPS 45

45 mins

PARAFANGO BODY WRAP 65

55 mins

HANDS & FEET

REFRESH & PAMPER

THE MANICURE & PEDICURE COMBO 100

Nail & Cuticle Care | Nail Buff | Foot Exfoliation | Foot Massage | Hand & Feet Mask | Choice of Nail Polish or Shellac | A Complimentary Glass of Sparkling Wine

110 mins

MYOKA MANICURE EXPERIENCE Nail Polish 35 Shellac 45

Nail & Cuticle Care | Nail Buff | Hand Massage | Choice of Nail Polish

55 mins. Kindly advise should you require soak off prior to your booking.

MYOKA PEDICURE EXPERIENCE Nail Polish 40 Shellac 50

Removal of Hard Skin | Nail & Cuticle Care | Nail Buff | Foot Massage | Choice of Nail Polish

55 mins. Kindly advise should you require soak off prior to your booking.

SHELLAC REMOVAL PARAFFIN TREATMENT 10 10

WAXING & TINTING SERVICES

Available on your request.

UPGRADE TREATMENTS

ENHANCE YOUR SPA EXPERIENCE

FULL BODY EXFOLIATION 25

20 min added time

COLLAGEN MASK 25

No added time

CUSTOMIZED MASK 15

No added time

DETOXIFYING BODY WRAP 30

25 min added time

REFLEXOLOGY
OR CLEANSING FACIAL 25

25 min added time

ORIENTAL HEAD MASSAGE 25

25 min added time

HAIR TREATMENT 15

no added time

PARAFFIN HANDS & FEET 20

no added time

For treatment with added time, kindly check availability with your therapist.

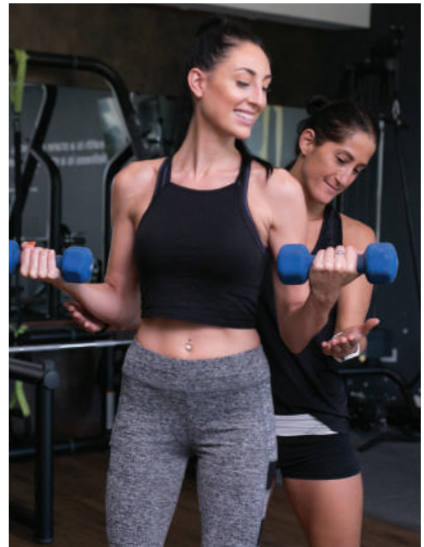
MYOKA FITNESS

DISCOVER YOUR STRONGEST BODY & MIND

Our brand new state-of-the-art gym is equipped to create a world-class training experience for an affordable price. Discover a wide range of cutting-edge equipment for various types of workout including cardio, strength training, toning and flexibility, circuit training and various classes.

PERSONAL TRAINING P.O.R.

Discover the benefits of working out with a personal trainer, with sessions specially designed to meet your fitness needs.



DISCLAIMER: PRICES AND TREATMENTS ARE CORRECT AT THE TIME OF GOING TO PRINT AND ARE SUBJECT TO ALTERATION WITHOUT ANY NOTICE.

GIFT VOUCHERS

An ideal present, gift vouchers are available in exchange for any treatment, full or half-day programmes, exchangeable at any Myoka Spa. Gift vouchers are not refundable and must be presented at the time of booking.

BOOKING INFORMATION

For booking information and guidance please call us directly on 2788 8408. In-house guests can call EXT 833. Our therapists will guide you through our selection of treatments.

PAYMENT

All bookings must be prepaid at the time of making the reservation. All reservations are pre-charged to your credit or debit card. We accept cash, cheques and all major credit cards.

YOUR PERSONAL THERAPIST

You may request a specific gender massage therapist while booking an appointment. We cannot always guarantee that we will have your request available at all times. All spa employees are trained to respect the privacy of our guests and to create a comfortable and relaxing environment for all.

ARRIVAL

Spa guests are advised to arrive 15 minutes prior to their appointment to allow time to change into spa wear and to receive a detailed spa consultation.

MINORS

Permitted only to Hotel residence. Minors under the age of 18 may use the facility only with on-sight adult supervision. Minors under the age of 18 may use the spa facilities from 5.00 pm to 9.00 pm.

MEDICAL CONDITIONS

If you have undergone any surgery within the past 6 months, suffer from any medical condition or are pregnant, please advise us at the time of booking. Our therapists will guide you to ensure that your experience suits and complements your physical condition.

CANCELLATION

Please allow a 24 hours notice period of cancellation to avoid an automatic 50% charge. No-shows will be charged 50% of the price.

SPA RULES

It is prohibited to use mobile phones, video cameras or personal stereos during your visit. Smoking is strictly prohibited in all areas.

MYOKA SALINI SPA

Mon to Sun: 9 am - 7 pm
Salini Resort, Salina Bay
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Hotel Ext: 833
salini@myoka.com
www.myoka.com



SALINI
RESORT

myoka SPAS