

MYOKA SALINI SPA & FITNESS

SPAS
myoka



WELCOME TO MYOKA SALINI SPA

Welcome to Myoka Salini Spa. Set within one of the last remaining salt marshes in the Maltese Islands with fresh water elements, Myoka Salini Spa invites you to restore inner harmony of mind and body with a wide selection of various massages, body treatments and exclusive rituals tailored to your individual requirements.

Elevate your experience with our range of luxurious spa and wellbeing facilities including an indoor heated pool, sauna, steam room, Jacuzzi as well as a fully fledged fitness center.

SIGNATURE EXPERIENCES

FROM TOP TO BOTTOM

Aromatherapy Massage | Aromatherapy Facial | Hand Mask

110 mins 140

MEN'S EXECUTIVE TREAT

Body Exfoliation | Deep Tissue Massage | Express Facial | Oriental Head Massage

110 mins 180

Recommended

CUSTOMIZED SPA MASSAGE

A convenient and flexible way to get the most out of your experience and maximize the results of your treatment fully customized for your needs.

55 mins / 85 mins 120 / 150

REVITALISING SUPER FACIAL EXPERIENCE

An ultimate 3 in 1 facial treatment.

Ultrasonic Peeling To Deep Cleanse | Fruit Acid Peel To Smoothen | Mesotherapy | Lifting Black Caviar Mask

110 mins 145

AYURVEDA ESCAPE

Ultimate Ayurvedic experience that includes **Udvarthanam** (medicated scrub that helps with circulation and lymphatic drainage), **Elakizhi** (herbal compress massage that helps with muscle and joint pain associated with conditions such as arthritis), **Abhyanga** (long fluid movements massaging warm herbal oils into the body's tissues), **Shirodhara** (rhythmic flow of medicated oil poured on the forehead for de-stressing and deep relaxation)

145 mins 200

COUPLES SPECIAL


Body Scrub | Couples Massage | Purifying Facial

145 mins 320 per couple

DAY AT THE SPA

Body Scrub | Body Wrap | 55 Mins Massage | Non-Surgical Facial | Spa Manicure | Spa Pedicure

300 mins 320

A woman is lying on her back on a massage table, her eyes closed and a serene expression on her face. Her head is resting on a white towel. A therapist's hands are visible, gently supporting her neck and head. In the background, another person is being massaged, and the overall atmosphere is warm and relaxing, with soft lighting and a blurred background.

Live an experience full of peace and calm, a journey of sensations that will allow you to breathe, reconnect and relax.

PAÑPURI EXCLUSIVE TREATMENTS

INNER PEACE RELAXING MASSAGE

55 mins / 85 mins

100 / 120

Recommended

PAÑPURI SIGNATURE MASSAGE

Surrender to a deeply relaxing ritual that leaves your body and spirit renewed and revitalised. Awaken your senses with the gentle touch and exceptional attention provided by skilled therapists, along with the use of Pañpuri's range of pure organic body care. Feel the tension and energy blockages melting away with restoring dry stretching followed by soothing massage movements to complete your holistic experience.

85 mins

120

PAÑPURI DETOX HERBAL COMPRESS MASSAGE

85 mins

120

PAÑPURI BODY POLISH

25 mins

55

PAÑPURI SKIN NOURISHER

Uplifting Body Polish | Restoring Body Detoxifier Wrap | Stress Relieving Head Massage

55 mins

100

PAÑPURI COMBO TREATMENT

Foot Ritual | Body Polish | Inner Peace Body Massage

85 mins

130

BODY, MIND & SOUL

THE SALINI SIGNATURE MASSAGE

Alleviate stress, ease aching muscles and revive the senses with this powerful essential oils massage. A master therapist will combine a variety of techniques such as oriental, holistic, Lomi Lomi, acupressure and stretching. We will customize this massage to your requirements.

55 mins / 85 mins

100 / 120

STRESS BUSTER MASSAGE

55 mins / 85 mins

80 / 100

COUPLE DUET MASSAGE

55 mins / 85 mins

150 / 190 per couple

ORIENTAL HEAD MASSAGE

25 mins

45

BACK, NECK & SHOULDER MASSAGE

25 mins

45

DEEP TISSUE MASSAGE

Back: 40 mins

65

Full body: 55 mins / 85 mins

95 / 110

LEG ENERGISER MASSAGE

25 mins

45

LYMPHATIC DRAINAGE

55 mins / 85 mins

80 / 100

Recommended

THERAPEUTIC MASSAGE

25 mins / 55 mins / 85 mins

50 / 90 / 130

AYURVEDA TREATMENTS

Recommended

ABHYANGA

The most traditional Ayurvedic massage with warm herbal oils that are chosen according to body type.

55 mins / 85 mins

80 / 105

SHIRODHARA

In this calming, healing therapy, a steady stream of warm medicated oil is allowed to flow from a specific height onto the forehead and the entire scalp region before a gently releasing head massage. This is one of the most popular Ayurvedic therapies: It not only enhances mental relaxation, but also cools the head, improves the functioning of the five senses and helps with insomnia, migraines, stress, anxiety, and depression. It is also a great jet lag reliever.

85 mins

115

ELAKIZHI

Ayurvedic herbal compress massage that relieves joint pains, especially backaches, cleanses the energy channels, expels toxins.

55 mins / 85 mins / 110 mins

85 / 110 / 130

UDVARTHANAM

The treatment consists of a full body massage and a scrub with various medicated powders, primarily to improve blood circulation, rejuvenate & detoxify the skin and it is an excellent treatment for weight management.

100 mins

185

ORIENTAL & HOLISTIC

REFLEXOLOGY

25 mins / 55 mins

50 / 90

HOT STONE MASSAGE

25 mins / 55 mins / 85 mins

50 / 90 / 105

THAI MASSAGE

55 mins / 85 mins

90 / 110

LOMI LOMI MASSAGE

Experience the healing power of Aloha with this signature Hawaiian massage.

85 mins

150

BODY TREATMENTS

REVITALIZING ORANGE BLOSSOM BODY POLISH

25 mins

45

DETOX COFFEE BODY EXFOLIATION

45 mins

60

HYDRATING CHOCOLATE BODY WRAP

45 mins

60

MANUAL ANTICELLULITE MASSAGE

45 mins

65

FACIAL TREATMENTS

LOTUS DEFENSE FACIAL

A deeply nourishing and brightening 100% organic facial treatment enriched with precious extract of sacred Lotus flower. A unique 12-step sensorial treatment for more firm and luminous skin.

85 mins

120

Recommended

PAÑPURI ARUNA YOUTH FACIAL

This rejuvenating facial incorporates anti-wrinkle and muscle-strengthening techniques to firm, tone and boost the skin.

55 mins / 85 mins

100 / 120

CLARENA PERSONALIZED FACIAL

A combination of advanced facial techniques to suit your needs.

55 mins

75

MYOKA ABSOLUTE FACE RITUAL

A reviving facial treatment with facial massage and a focused well-being back massage opening the ritual to give a journey of total revival.

85 mins

100

GENTLEMEN'S TREATMENT

A Facial Treatment | Hot Stone Back, Neck & Shoulder Massage

85 mins

100

LIFT

A manual facial that deliver instant and transformational results.

85 mins

100

NON-SURGICAL FACE & BODY TREATMENTS

Your personal therapist will conduct an in-depth consultation and perform a combination of advanced anti-aging treatments to suit your needs.

CAVITATION & ULTRASOUND

Cavitation is an ultrasonic peeling that gently exfoliates the skin and stimulates collagen production. Ultrasound helps the serum to penetrate deeply into the dermis, boosting the skin cell renewal for a longer-lasting plumper effect.

55 mins / 85 mins

Face or Body 85 / 105

RADIOFREQUENCY

A safe, non-invasive but highly intensive treatment for tightening the skin, restructuring the contour of both the face and body and treating cellulite.

55 mins / 85 mins

Face or Body 85 / 105

MICRODERMABRASION

Microdermabrasion is a skin resurfacing treatment. A stream of microcrystals is projected onto the skin and then vacuumed away. Improves the tone and texture of your skin, also helps fight sun damages, acne scars and hyper-pigmentation. Skin becomes noticeably smoother even after one treatment and better absorbs the skincare products.

55 mins / 85 mins

Face or Body 85 / 105

MESOTHERAPY

55 mins / 85 mins

Face or Body 85 / 105

CHEMICAL PEELS

55 mins 80

FROST PEELS

55 mins 100

AESTHETIC CLINIC

TEETH WHITENING

55 mins 199

BOTOX

POR

DERMAL FILLERS

POR

MATERNITY

PRE-NATAL TREATMENT

Body Exfoliation | Body Massage | Head Massage

85 mins 100

MATERNITY MASSAGE

Body Massage | Head Massage

55 mins / 85 mins 85 / 105

LIGHTER LEGS

25 mins 45

POST-NATAL TREATMENT

Completely personalized to your post-baby needs.

55 mins / 85 mins 80 / 105

HANDS & FEET

MYOKA MANICURE

Nail Polish 35

EXPERIENCE

Shellac 45

55 mins. Kindly advise should you require soak-off prior to your booking.

MYOKA PEDICURE

Nail Polish 40

EXPERIENCE

Shellac 50

55 mins. Kindly advise should you require soak-off prior to your booking.

Recommended

THE MANICURE

100

& PEDICURE COMBO

110 mins. Kindly advise should you require soak-off prior to your booking.

SHELLAC REMOVAL

10

PARAFFIN TREATMENT

10

Added time

FINAL TOUCHES

WAXING SERVICES

Half / Full Leg

15 / 30

Arm Wax

15

Bikini

15

Brazilian

30

Eyebrow Shaping

10

Underarm Wax

10

Upper Lip

6

Chest Wax

25

Back Wax

35

TINTING SERVICES

Eyebrow Tint

10

Eyelash Tint

10



LEARN MORE

Scan the QR code to access a full version of Myoka Salini Spa treatment list and learn more about our experiences.

SPA POLICIES

GIFT VOUCHERS

An ideal present, gift vouchers are available in exchange for any treatment, full or half-day programmes, exchangeable at any Myoka Spa. Gift vouchers are not refundable and must be presented at the time of booking.

BOOKING INFORMATION

For booking information and guidance please call us directly on tel. (+356) 2788 8408. In-house guests can call EXT 833. Our therapists will guide you through our selection of treatments.

PAYMENT

All bookings must be prepaid at the time of making the reservation. All reservations are pre-charged to your credit or debit card. We accept cash, cheques and all major credit cards.

YOUR PERSONAL THERAPIST

You may request a specific gender massage therapist while booking an appointment. We cannot always guarantee that we will have your request available at all times. All spa employees are trained to respect the privacy of our guests and to create a comfortable and relaxing environment for all.

ARRIVAL

Spa guests are advised to arrive 15 minutes prior to their appointment to allow time to change into spa wear and to receive a detailed spa consultation.

MEDICAL CONDITIONS

If you have undergone any surgery within the past 6 months, suffer from any medical condition or are pregnant, please advise us at the time of booking. Our therapists will guide you to ensure that your experience suits and complements your physical condition.

CANCELLATION

Please allow a 24 hours notice period of cancellation to avoid an automatic 50% charge. No-shows will be charged 50% of the price.

SPA RULES

It is prohibited to use mobile phones, video cameras or personal stereos during your visit. Smoking is strictly prohibited in all areas.

MYOKA SALINI SPA

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