



LEARN TO
Love YOURSELF

SPA ETIQUETTE

BOOKINGS

For booking information and guidance, please call us directly at tel. (+356) 2788 8408. In-house guests can call EXT 833. WhatsApp (+356) 9905 5457. Our therapists will guide you through our selection of treatments.

ARRIVAL

Spa guests are advised to arrive 15 minutes prior to their appointment to allow time to change into spa wear and receive a detailed spa consultation.

HEALTH CONDITIONS

If you have undergone any surgery within the past 6 months, suffer from any medical condition or are pregnant, please advise us at the time of booking. Our therapists will guide you to ensure that your experience suits and complements your physical condition.

CANCELLATION

Please allow a 24-hours notice period for cancellations to avoid an automatic 50% charge. No-shows will be charged 50% of the price.

YOUR DEDICATED THERAPIST

All of our spa employees are highly trained to respect the privacy of our guests, ensuring a comfortable and relaxing environment for everyone.

MINORS

Kindly contact reception for more information on our minor's policy.

A MOMENT OF TRANQUILLITY

Our spa is a haven of serenity. Please ensure to turn off your cell phone to maintain a peaceful environment for yourself and other guests.

LATE ARRIVALS

Due to subsequent bookings, we are unable to provide an extension of scheduled treatments. The full value rate of service will be charged.

HOMECARE

To continue your spa regimen at home, all spa products used in the treatments are available in our spa boutique.

VALUABLES

Please refrain from bringing valuables to the spa. Lockers are provided, however, Myoka Spas cannot assume any responsibility for lost or stolen items.

LEARN MORE

Scan the QR code to access the full version of Myoka Spas treatment list and learn more about our experiences.

MYOKA SPAS

Salini Resort, St. Paul's Bay, Malta
T. (+356) 2788 8408 | Hotel Extension. 833
M. (+356) 9905 5457
E. salini@myoka.com

www.myoka.com



WELLNESS GUIDE

Spa, Beauty, & Wellbeing

DISCOVER

Facials
Massages
Ayurveda

360° Mind &
Body Makeover

Amplify
Your Skin's
Youthful Glow
ANTI-AGE FACIALS

Mindfulness &
Energy Healing

SPA BOOKINGS T. (+356) 2788 8408

WELCOME TO MYOKA SPAS

SALINI

Welcome to Myoka Salini Spa. Set within one of the last remaining salt marshes in the Maltese Islands with fresh water elements, Myoka Salini Spa invites you to restore inner harmony of mind and body with a wide selection of various massages, body treatments and exclusive rituals tailored to your individual requirements.

Elevate your experience with our range of luxurious spa and wellbeing facilities including an indoor heated pool, sauna, steam room, Jacuzzi as well as a fully fledged fitness center

SIGNATURE EXPERIENCES

FROM TOP TO BOTTOM

Aromatherapy Massage | Aromatherapy Facial | Hand Mask

110 min €140

MEN'S EXECUTIVE TREAT

Body Exfoliation | Deep Tissue Massage | Express Facial | Oriental Head Massag

110 min €180

CUSTOMISED SPA MASSAGE

A convenient and flexible way to get the most out of your experience and maximise the results of your treatment fully customised for your needs.

55 min €120
85 min €150

Recommended

AYURVEDA ESCAPE

Ultimate Ayurvedic experience that includes **Udvarthanam** (medicated scrub that helps with circulation and lymphatic drainage), **Elakizhi** (herbal compress massage that helps with muscle and joint pain associated with conditions such as arthritis), **Abhyanga** (long fluid movements massaging warm herbal oils into the body's tissues), **Shirodhara** (rhythmic flow of medicated oil poured on the forehead for de-stressing and deep relaxation).

145 min €200

COUPLES SPECIAL

Body Scrub | Couples Massage | Purifying Facial

145 min €320 per couple

DAY AT THE SPA

Body Scrub | Body Wrap | 55min Massage | Radiance Facial | Spa Manicure | Spa Pedicure

300 min €320



GIFT VOUCHERS

AN IDEAL PRESENT

Gift vouchers are available in exchange for any treatment, full or half-day programmes. Exchangeable at any Myoka Spa.

Gift vouchers are not refundable and must be presented at the time of booking

PAÑPURI EXCLUSIVE TREATMENTS

INNER PEACE RELAXING MASSAGE

Let yourself be carried away to a tranquil escape with a sweet exotic floral scent of Pañpuri essential oils that perfectly align and open your energy channels to receive the therapeutic benefits of Swedish, Aromatherapy and Shiatsu combination of massage strokes.

55 min **€100**
85 min **€120**

PAÑPURI SIGNATURE MASSAGE

A deeply relaxing ritual that renews body and spirit. Skilled therapists use Pañpuri's pure organic body care, combining dry stretching with soothing massage to release tension and restore balance.

85 min **€120** Recommended

PAÑPURI DETOX HERBAL COMPRESS MASSAGE

85 min **€120**

PAÑPURI BODY POLISH

25 min **€55**
45 min **€65**

PAÑPURI SKIN NOURISHER

Uplifting Body Polish | Restoring Body Detoxifier Wrap | Stress Relieving Head Massage

55 min **€100**

PAÑPURI COMBO TREATMENT

Foot Ritual | Body Polish | Inner Peace Body Massage

85 min **€130**

BODY, MIND & SOUL

THE SALINI SIGNATURE MASSAGE

Alleviate stress, ease aching muscles and revive the senses with this powerful essential oils massage. A master therapist will combine a variety of techniques such as oriental, holistic, Lomi Lomi, acupressure and stretching. We will customise this massage to your requirements.

55 min **€100**
85 min **€120**

STRESS BUSTER MASSAGE

55 min **€85**
85 min **€105**

COUPLE DUET MASSAGE

55 min **€160 per couple**
85 min **€200 per couple**

ORIENTAL HEAD MASSAGE

25 min **€45**

BACK, NECK & SHOULDER MASSAGE

25 min **€45**
40 min **€60**

DEEP TISSUE MASSAGE

25 min **€55 back massage**
40 min **€70 back massage**
55 min **€100 full body massage**
85 min **€120 full body massage**

LEG ENERGISER MASSAGE

25 min **€45**

LYMPHATIC DRAINAGE

55 min **€85**
85 min **€105**

SPORTS MASSAGE

25 min **€55**
55 min **€100**
85 min **€120**

AYURVEDA TREATMENTS

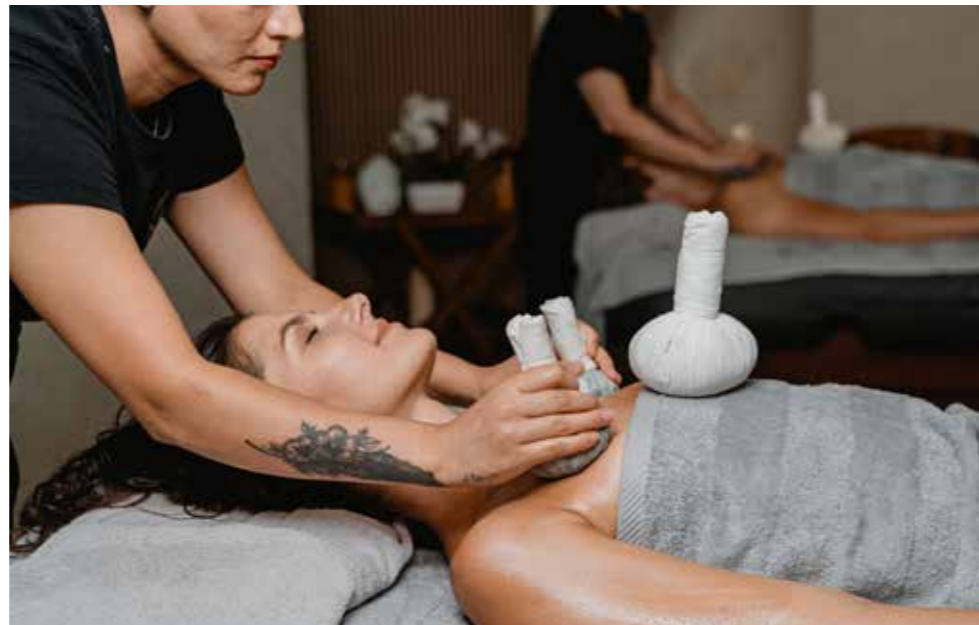
ABHYANGA

The most traditional Ayurvedic massage with warm herbal oils.

55 min **€100**
85 min **€120** Recommended

SHIRODHARA

In this calming, healing therapy, a steady stream of warm medicated oil is allowed to flow from a specific height onto the forehead and the entire scalp region before a gently releasing head massage. This is one of the most popular Ayurvedic therapies:



It not only enhances mental relaxation, but also cools the head, improves the functioning of the five senses and helps with insomnia, migraines, stress, anxiety, and depression. It is also a great jet lag reliever.

85 min **€130**

ELAKIZHI

Ayurvedic herbal compress massage that relieves joint pains, especially backaches, cleanses the energy channels, expels toxins.

55 min **€105**
85 min **€130**
110 min **€150**

UDVARTHANAM

The treatment consists of a full body massage and a scrub with various medicated powders, primarily to improve blood circulation, rejuvenate & detoxify the skin and it is an excellent treatment for weight management.

100 min **€185**

ORIENTAL & HOLISTIC

WARM CANDLE MASSAGE

A soothing massage using the warm, nourishing oils of a melted candle to deeply relax muscles and hydrate the skin, leaving you feeling calm and rejuvenated.

25 min **€55**
55 min **€100**
85 min **€120**

LOMI LOMI MASSAGE

Experience the healing power of Aloha with this signature Hawaiian massage.

85 min **€55**
110 min **€150**

REFLEXOLOGY

25 min **€55**
55 min **€95**

HOT STONE MASSAGE

25 min **€55**
55 min **€95**
85 min **€110**

THAI MASSAGE

55 min **€110**
85 min **€130**

BALINESE MASSAGE

55 min **€95**
85 min **€110**

BODY TREATMENTS

REVITALISING ORANGE BLOSSOM BODY POLISH

25 min **€45**
45 min **€60**

DETOX COFFEE BODY EXFOLIATION

25 min **€45**
45 min **€60**

HYDRATING CHOCOLATE BODY WRAP

45 min **€60**

MANUAL ANTI CELLULITE MASSAGE

45 min **€65**

FACIAL TREATMENTS

LOTUS DEFENSE FACIAL

A deeply nourishing and brightening 100% organic facial treatment enriched with precious extract of sacred Lotus flower. A unique 12-step sensorial treatment for more firm and luminous skin.

85 min **€120**

PAÑPURI ARUNA YOUTH FACIAL

This rejuvenating facial incorporates anti-wrinkle and muscle-strengthening techniques to firm, tone and boost the skin.

55 min **€100**
85 min **€120**

CLARENA PERSONALISED FACIAL

A combination of advanced facial techniques to suit your needs.

55 min **€85**

MYOKA ABSOLUTE FACE RITUAL

A reviving facial treatment with facial massage and a focused well-being back massage opening the ritual to give a journey of total revival.

85 min **€110**

GENTLEMEN'S TREATMENT

A Facial Treatment | Hot Stone Back, Neck & Shoulder Massage

85 min **€110**

LIFT

A manual facial that deliver instant and transformational results.

85 min **€110**

SPA TREAT

Indulge in a quick Spa Escape focusing on a relaxing Back Massage and a Revitalising Facial.

Back, Neck, & Shoulder Massage | Revitalising Facial

55 min **€85**

UPGRADES

BODY

Hot Stones Upgrade **€20**
CBD Upgrade **€20**
Paraffin Hands or Feet Upgrade **€15**
Body Brushing Upgrade **€15**
Body Scrub **€25**

MATERNITY

PRE-NATAL TREATMENT

Body Exfoliation | Body Massage | Head Massage

85 min **€120**

MATERNITY MASSAGE

Body Massage | Head Massage

55 min **€95**
85 min **€115**

LIGHTER LEGS

25 min **€45**

POST-NATAL TREATMENT

Completely personalised to your post-baby needs.

55 min **€90**
85 min **€110**

HANDS & FEET

MANICURE

with Polish 55 min **€40**
with Shellac 55 min **€50**

PEDICURE

with Polish 55 min **€45**
with Shellac 55 min **€55**

MANICURE & PEDICURE COMBO

Kindly advise should you require soak-off prior to your booking

110 min **€100** Recommended

EXTRAS

Shellac Removal **€15**
Paraffin Treatment **€15**

Kindly advise should you require soak-off prior to your booking.

FINAL TOUCHES

TINTING SERVICES

Eyebrow Tint **€15**
Eyelash Tint **€10**